

Journey of a lifetime



28/40 day pilgrimage to India

Join us in Mother India for the journey of a lifetime. Karnamrita Dasi and Kirtan have been inspired to share a land with you that they have known the culture of since they were small children. Raised on "kirtan, kitchri, and Vedanta", we feel it is our dharma to share what has so naturally been our second birth right...Yoga.

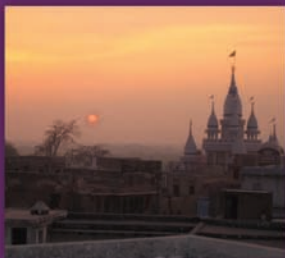
We will be exploring the 4 Yogas; **Hatha Yoga**, **Bhakti Yoga**, **Jnana Yoga**, and **Karma Yoga**. If we work hard all our lives just to make money, but never take out time for pilgrimage, our transformation process is not allowed to take center stage. A trip like this makes that process the priority, revealing our true nature. Here is our time...the surrender of our true selves is at hand in the most beautiful way.....



HATHA YOGA

{ Kerala, South India - Feb 4th-11th }

We begin this magical transformative journey and pilgrimage in Kerala, South India; home to Ayurveda, tropical beaches, and tender coconuts. With daily outdoor yoga overlooking the ocean, sumptuous buffets, swimming and Ayurvedic massages, we will undo the jet lag, and prepare the body and spirit for....



BHAKTI YOGA

{ Vrndavan, North India - Feb 11th-18th }

From the south we fly to Delhi and from there to Vrndavan, land of Krishna, ancient temples, sacred sadhus, kirtan and the Yamuna River. Karnamrita Dasi will guide us to enchanted temples, markets alive with colors and languages to search out the small spaces still lost in time. Here the focus is Bhakti Yoga, the yoga of devotion. From there we will explore the Taj Mahal, the desert temples and forts of Jaipur in Rajasthan.



JNANA YOGA

{ Jaipur, Varanasi, Central India - Feb 18-March 3rd }

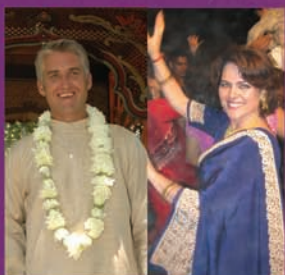
From the desert forts of Rajasthan to the the sacred celebration of Shivratri on the banks of the Ganga... elephant parades, and 3 days of non-stop classical music and dance on the river banks.



KARMA YOGA

{ Gandhi Nagar, Northwest India - March 3rd-16th }

For those who wish to continue the journey for another 20 days, we will take our time to visit the home of Karma Yoga, Gandhi's Ashram in Gujarat. We will delve deeper into Hatha Yoga in the Himalayas, the breathtaking Elora and Ajanta Caves, and classical music concerts in



Kirtan
Smith

Karnamrita
Dasi

Having spent her entire life immersed in the culture, music and traditions of India, Karnamrita Dasi is the perfect spiritual guide for this journey. She lived and studied for 10 years in India, speaks the languages, and will share some of her favorite places and people for the lucky few who attend.

Kirtan was born to dedicated Yogi parents in Los Angeles. His childhood was spent in Temples, studying Sanskrit, chanting and Bhakti Yoga. He first visited india when he was 6, and later returned for a year of intensive Yogic studies in Vrndavan. He teaches yoga full-time in NYC and is ecstatic to be a part of this pilgrimage.

For More Information:

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